

# GEAR LIST

## EVENTS UNDER 14 HOURS



**WARRIOR**  
ADVENTURE RACING

### Mandatory Team Gear

Carried by the team at all times for the duration of the race.

- Copy of the rules, race instructions, and maps (provided at race check-in).**
- Compass**
- Cell Phone**  
We suggest putting your phone in a Ziploc or other waterproof bag.
- Permanent Marker or Pen**  
For pens we suggest a Nite-Ize Inka water & freeze-proof pen.
- Knife**
- First Aid Kit Adventure Medical Kits**  
Ultralight/Watertight .5 kit or larger. (You may also build your own kit, as long as it contains equivalent items.)
- Duct Tape**  
At least 3 meters. Wrap it around a small stick—an entire roll is not necessary. Duct tape has many uses, including temporary wound care.

### Mandatory Individual Gear

Carried by each team member at all times for the duration of the race.

- Backpack**  
Contains all mandatory gear and must be with racer at all times.
- Whistle**
- Minimum Two-Liter Hydration Capacity**
- Any Personal Medications**  
e.g. Epi-pens are required for individuals with an Epi-pen prescription.
- Head Lamp**
- Race Bibs & Bike Numbers**  
Provided by Warrior at check-in. Bibs must be worn and visible over other clothing. Bike numbers must be placed on bikes for the duration of the event.

### Mandatory Individual Bike Gear

Carried by each team member at all times for bike sections.

- Bike**  
A mountain bike is required for this race. Your bike may have front or full suspension, but it must feature flat handlebars (no drop bars) and wider tires suitable for rugged terrain. Gravel bikes are not permitted.
- Bike Helmet**  
CPSC Certified.
- Red Blinking Rear Bike Light**  
These are mandatory for the entire duration of the event (while riding), this includes during the daytime. Check your batteries to ensure they'll last for the entire race.

### Paddling Gear

We will provide all canoes, PFDs, and paddles for the races; however, teams are welcome to bring their own PFDs and paddles if they prefer.

- Paddles**
- PFDs (Personal Floatation Devices)**  
Type III or higher, non-inflatable. PFDs must be worn at all times during the paddling section.
- Paddle Bag**  
All personal paddle gear must be placed into a team paddle bag. 30lb weight limit. No food in paddle bags due to animals at TA locations.

### Non-Mandatory Gear

Additional supplies to consider.

- Bike Repair Tool, CO<sub>2</sub> or Pump, and Tube.**
- Waterproof Dry Bag**  
For paddling sections.
- Food & Nutrition**  
For the duration of the event.
- Sunscreen**
- Bug Spray**
- Warm Socks**  
For cold weather events.
- Paddling Gloves**

### Prohibited Items

- GPS Devices**  
Includes devices that show your position, display maps, distance traveled, etc. (excludes GPS trackers provided by Warrior). Smartwatches are permitted during the event only if they remain in AR mode for the entire race. Race staff may inspect devices at any time to verify compliance. If a watch is found to be out of AR mode at any point, penalties will apply, and the participant will be ineligible for any awards or cash prizes.
- Distance Measuring Devices**  
e.g. Foot pod accelerometers and pedometers are prohibited. Cycle computers are exempt and therefore permitted.
- Mobile Phones, Radios, Other Communications or Internet Access Devices, etc.**  
Excluding the compulsory emergency phone.
- Maps**  
Other Than Those Provided By The Organizers.
- Firearms, Night/Nocturnal Vision Devices**