

# GEAR LIST

## EVENTS 14–48 HOURS



### Mandatory Team Gear

Carried by the team at all times for the duration of the race.

- Copy of the rules, race instructions, and maps (provided at race check-in).**
- Compass**
- Cell Phone**  
We suggest putting your phone in a Ziploc or other waterproof bag.
- Permanent Marker or Pen**  
For pens we suggest a Nite-Ize Inka water & freeze-proof pen.
- Knife**
- First Aid Kit**  
Up to 24-Hour Races: Adventure Medical Kits Ultralight/Watertight .5 kit or larger. For 24-Hour to 48-Hour Races: Adventure Medical Kits Ultralight/Watertight .7 kit or larger. (You may also build your own kit, as long as it contains equivalent items.)
- Duct Tape**  
At least 3 meters. Wrap it around a small stick—an entire roll is not necessary. Duct tape has many uses, including temporary wound care.
- Lighter or Waterproof Matches**
- Glow Sticks**  
Two per person and two per canoe. For placement on canoes, backpacks, helmets, and paddle gear.
- SOL Emergency Bivvy (Regular or XL Size)**  
The SOL Emergency Bivvy is large enough to cover the entire body, and can be used by a team member in an emergency. Each teammate must also carry an individual survival blanket (which is smaller) as indicated in the Mandatory Individual Gear below. One person from each team must carry this SOL Emergency Bivvy in addition to their own survival blanket.
- Water Purifier or Water Purification Tablets**  
For the entire team. Teams should be prepared to acquire water from wild sources such as creeks or hoses
- 27-Gallon Bin with Lid 40 lb weight limit**  
These must be the Commander bins (black with yellow lids) from Lowes. One bin for 1–3 person teams and two bins for four-person teams. Required for storing extra gear, food, change of clothes, etc. Not carried by the team during the race; race staff will transport it.

### Mandatory Individual Gear

Carried by each team member at all times for the duration of the race.

- Backpack**  
Contains all mandatory gear and must be with racer at all times.
- Whistle**
- Head Lamp**
- Batteries**  
For headlamps, bike lights, etc., with sufficient capacity to power your gear throughout the entire overnight portion(s) of the event.
- Survival Blanket**  
Solos may use the SOL Emergency Bivvy from Mandatory Team Gear.
- Minimum Two-Liter Hydration Capacity**
- Any Personal Medications**  
e.g. Epi-pens are required for individuals with an Epi-pen prescription.
- Race Bibs & Bike Numbers**  
Provided by Warrior at check-in. Bibs must be worn and visible over other clothing. Bike numbers must be placed on bikes for the duration of the event.

### Mandatory Team Bike Gear

Carried by each team member at all times for bike sections.

- Bike Repair Tool, CO<sub>2</sub> or Pump, and Tube**

### Mandatory Individual Bike Gear

Carried by each team member at all times for bike sections.

- Bike**  
A mountain bike is required for this race. Your bike may have front or full suspension, but it must feature flat handlebars (no drop bars) and wider tires suitable for rugged terrain. Gravel bikes are not permitted.
- Bike Helmet**  
CPSC Certified. Teams may also be required to wear bike helmets during some paddling sections of the race.
- Red Blinking Rear Bike Light**  
These are mandatory for the entire duration of the event (while riding), this includes during the daytime. Check your batteries to ensure they'll last for the entire race.
- White Front Bike Light**  
A headlamp is acceptable for this purpose, though you may prefer a dedicated light—or both.

### Paddling Gear

We will provide all canoes, PFDs, and paddles for the races; however, teams are welcome to bring their own PFDs and paddles if they prefer.

- Paddles**
- PFDs (Personal Floatation Devices)**  
Type III or higher, non-inflatable. PFDs must be worn at all times during the paddling section.
- Paddle Bag**  
All personal paddle gear must be placed into a team paddle bag. 30lb weight limit. No food in paddle bags due to animals at TA locations.

### Non-Mandatory Gear

Additional supplies to consider.

- Waterproof Dry Bag**  
For paddling sections.
- Food & Nutrition**  
For the duration of the event.
- Sunscreen**
- Bug Spray**
- Warm Socks**  
For cold weather events.
- Paddling gloves**

### Prohibited Items

- × **GPS Devices**  
Includes devices that show your position, display maps, distance traveled, etc. (excludes GPS trackers provided by Warrior). Smartwatches are permitted during the event only if they remain in AR mode for the entire race. Race staff may inspect devices at any time to verify compliance. If a watch is found to be out of AR mode at any point, penalties will apply, and the participant will be ineligible for any awards or cash prizes.
- × **Distance Measuring Devices**  
e.g. Foot pod accelerometers and pedometers are prohibited. Cycle computers are exempt and therefore permitted.
- × **Mobile Phones, Radios, Other Communications or Internet Access Devices, etc.**  
Excluding the compulsory emergency phone.
- × **Maps**  
Other Than Those Provided By The Organizers.
- × **Firearms, Night/Nocturnal Vision Devices**