











2024 Chattanooga Epic 10-Hour Adventure Race

Leg/TA	Discipline	# of CPs	Miles/Elev. Gain		Notes
			All CPs	No CPs	
Leg 1	 Paddle	2	5.5/-5'	5.5/-5'	Slow moving water Paddle bags available at put-in
TA1	 Portalet	 Snacks	 Water		Leave boats and paddle gear at TA1 Return after Trek (Leg 2) to Paddle (Leg 3)
Leg 2	 Trek	7	9.5/2K'	0/0'	
Leg 3	 Paddle	0	3.5/-4'	3.5/-4'	Slow moving water
TA2	 Portalet	 Snacks	 Water		
Leg 3	 Bike	12	28/3K'	14/1.5'	Pavement, gravel and singletrack