


















2024 Chattanooga Epic 30-Hour Adventure Race

Leg/TA	Discipline	# of CPs	Miles/Elev. Gain		Notes
			All CPs	No CPs	
Prologue	 Trek	0	1.5/30'	1.5/30'	Bathrooms at start
Leg 1	 Paddle	2	27/-63'	27/-63'	Moving water (Class I) Paddle bags available at put-in
TA1	 Bins	 Portalet	 Snacks	 Water	
Leg 2	 Bike	10	38/5.5K'	9/2K'	Pavement, dirt and gravel Your feet will get wet
TA2	 Bins	 Portalet	 Snacks	 Water	
Leg 3	 Trek	12	21/3.5K'	11/1K'	
TA3	 Bins	 Portalet	 Snacks	 Water	
Leg 4	 Bike	12	28/3K'	14/1.5'	Pavement, gravel and singlettrack